



Dear men, it is important for you to know that :

- ⇒ It is good for one to know his or her HIV status and immediately enroll on ART if found HIV positive and consistently adhere.
- ⇒ Couples should always go together for HIV services and support each other.
- ⇒ It is important to always use condoms to minimize the risks of HIV infection.
- ⇒ It is beneficial to discuss with health workers about how to get confirmatory HIV tests.
- ⇒ It is your responsibility to encourage your long term sexual partner to test for HIV as well.
- ⇒ It is bad to assume that your test results reflect the HIV status of your sexual partner.
- ⇒ If a client adheres the advice given by health workers on HIV treatment lives a long, healthy and productive life.
- ⇒ If you continue to have unprotected sex, with several partners, you will most likely get infected with HIV
- ⇒ It is still possible to have a healthy life and realize your dreams even if you have tested positive for HIV if one discusses with health workers his/her own plans for remaining healthy and productive.
- ⇒ It is imperative to get information and services on Antiretroviral Therapy (ART).
- ⇒ It benefits to disclose ones' status to his/her family and friends.
- ⇒ It benefits to share results with a regular long term sexual partner and encouraging him/her to test as well.
- ⇒ To protect yourself from reinfection and to protect your clients you must always use condoms.

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**OR
The Near-by Health facility**

